

2018 Brecon Carreg Cardiff Bay Run Corporate Challenge Results



Capital People Position: 1 Total time: 03:29:14

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Team	5K	Position	Gun Time	Position	Chip Time	Position
143	Guto	Llewelyn	M	80	MSEN	40	Capital People	00:18:34	97	00:37:11	89	00:37:06	89
147	Wayne	Beynon	M	90	M35+	26	Capital People	00:18:37	101	00:37:57	101	00:37:53	102
787	Nick	Lewis	M	273	MSEN	123	Capital People	00:20:57	255	00:43:57	314	00:43:25	312
721	Tim	Pengilley	M	298	M35+	62	Capital People	00:21:49	357	00:44:27	344	00:43:46	335
733	Jonathan	Hancock	M	360	M60+	8	Capital People	00:22:29	446	00:45:45	417	00:45:15	435

MOD St Athan Position: 2 Total time: 03:30:36

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Team	5K	Position	Gun Time	Position	Chip Time	Position
850	Jack	Broderick	M	125	MSEN	59	MOD St Athan	00:19:16	130	00:39:42	139	00:39:34	140
785	James	Hurt	M	163	MSEN	74	MOD St Athan	00:19:14	129	00:41:05	183	00:40:57	190
1032	Liam	Fox	M	211	MSEN	95	MOD St Athan	00:20:43	228	00:42:36	241	00:42:23	255
759	Matthew	Griffiths	M	259	M40+	35	MOD St Athan	00:21:13	286	00:43:36	299	00:43:25	311
758	Kelvin	Roberts	M	261	M35+	55	MOD St Athan	00:20:53	250	00:43:40	301	00:42:53	282

Costain in the Community Position: 3 Total time: 03:51:58

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Team	5K	Position	Gun Time	Position	Chip Time	Position
163	Chris	Chambers	M	103	M45+	9	Costain in the Community	00:18:51	110	00:38:31	115	00:38:25	116
788	Rian	O'Dwyer	M	388	M40+	57	Costain in the Community	00:22:26	433	00:46:16	449	00:45:45	462
774	Brian	Greaves	M	522	M60+	16	Costain in the Community	00:23:28	590	00:48:37	608	00:47:57	657
861	Richard	Greaves	M	523	MSEN	230	Costain in the Community	00:23:27	588	00:48:37	609	00:47:57	656
884	Ross	Adams	M	612	MSEN	268	Costain in the Community	00:24:35	809	00:49:58	714	00:49:16	804

Hodge Bank Position: 4 Total time: 03:57:33

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Team	5K	Position	Gun Time	Position	Chip Time	Position
803	Gareth	Cartwright	M	171	MSEN	79	Hodge Bank	00:20:15	192	00:41:21	194	00:41:07	197
816	Matthew	Reypert	M	417	M40+	63	Hodge Bank	00:23:02	526	00:46:46	481	00:46:11	500
805	Josh	Davies	M	513	MSEN	225	Hodge Bank	00:22:50	505	00:48:25	596	00:47:41	630
3119	Matthew	Burton	M	553	MSEN	242	Hodge Bank	00:23:12	548	00:49:03	643	00:47:38	627
806	Jonathan	James	M	743	MSEN	319	Hodge Bank	00:24:40	834	00:52:00	879	00:50:35	955

Foot Anstey LLP Position: 5 Total time: 04:05:47

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Team	5K	Position	Gun Time	Position	Chip Time	Position
750	Jack	Harris	M	448	MSEN	200	Foot Anstey LLP	00:23:38	617	00:47:23	521	00:46:45	542
2927	Adam	Mckenna	M	460	MSEN	205	Foot Anstey LLP	00:22:12	403	00:47:28	533	00:44:22	380
2932	Jordan	Daruvalla	M	558	MSEN	245	Foot Anstey LLP	00:23:25	579	00:49:06	649	00:45:43	456
2990	Benjamin	Heaton	M	677	MSEN	294	Foot Anstey LLP	00:23:59	698	00:50:55	792	00:47:52	650
703	Daniel	Long	M	681	MSEN	295	Foot Anstey LLP	00:25:27	1023	00:50:56	796	00:50:18	929

ATW Train Track and Field Position: 6 Total time: 04:18:21

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Team	5K	Position	Gun Time	Position	Chip Time	Position
917	Matthew	Baird	M	386	M40+	56	ATW Train Track and Field	00:22:49	503	00:46:16	447	00:45:39	450
929	Adam	Terry	M	620	MSEN	273	ATW Train Track and Field	00:24:53	889	00:50:07	728	00:49:31	826
3448	Atw	Staff	F	119	F45+	7	ATW Train Track and Field	00:24:07	721	00:51:05	805	00:47:24	609
3500	Atw	Staff	F	186	F40+	18	ATW Train Track and Field	00:25:09	946	00:53:44	1077	00:50:03	895
3519	Atw	Staff	M	1189	M45+	140	ATW Train Track and Field	00:27:23	1602	00:57:12	1532	00:53:30	1383

Alert Logic UK Position: 7 Total time: 04:25:36

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Team	5K	Position	Gun Time	Position	Chip Time	Position
61	Robbie	Steele	M	194	MSEN	86	Alert Logic UK	00:19:56	167	00:42:01	222	00:41:54	231
3111	Tim	Knott	M	734	MSEN	317	Alert Logic UK	00:25:31	1038	00:51:52	866	00:49:18	807
3040	Jon	Nightingale	M	784	M45+	81	Alert Logic UK	00:25:31	1042	00:52:25	933	00:49:51	871
3072	David Andrew	Jones	M	984	MSEN	420	Alert Logic UK	00:26:43	1383	00:54:48	1211	00:52:20	1209
5273	Rae	Darling	M	1652	M40+	203	Alert Logic UK	00:27:53	1792	01:04:32	2556	00:54:23	1508

Sytner Position: 8 Total time: 04:33:53

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Team	SK	Position	Gun Time	Position	Chip Time	Position
3832	Chris	McTiffen	M	887	M35+	176	Sytner	00:24:50	878	00:53:40	1071	00:49:47	863
3837	Gregor	Churcher	M	910	M35+	181	Sytner	00:27:04	1499	00:53:55	1105	00:52:52	1287
3830	Rhydian	Worgan	M	991	MSEN	423	Sytner	00:26:30	1328	00:54:55	1221	00:51:19	1055
3829	Christopher	Ritchens	M	1026	MSEN	434	Sytner	00:26:32	1335	00:55:23	1270	00:51:48	1121
3835	Chris	Howe	M	1088	M35+	209	Sytner	00:26:12	1243	00:56:01	1357	00:54:38	1556

SYNLAB Sprinters Position: 9 Total time: 04:54:56

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Team	SK	Position	Gun Time	Position	Chip Time	Position
2697	Liam	Richards	M	799	MSEN	333	SYNLAB Sprinters	00:25:44	1097	00:52:39	955	00:51:37	1097
2694	William	Relf	M	839	MSEN	356	SYNLAB Sprinters	00:24:11	736	00:53:04	1004	00:51:48	1122
2692	Gareth	Sturdy	M	932	M40+	120	SYNLAB Sprinters	00:25:58	1176	00:54:12	1140	00:52:53	1288
2678	Sarah	Williams	F	474	F35+	94	SYNLAB Sprinters	00:28:13	1933	00:59:12	1817	00:57:54	2159
5030	Gareth	Mills	M	1961	MSEN	763	SYNLAB Sprinters	00:32:03	3304	01:15:51	3507	01:06:03	3456

FSA Wales Position: 10 Total time: 05:10:15

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Team	SK	Position	Gun Time	Position	Chip Time	Position
592	Jamie	Mcmeeking	M	600	M35+	113	FSA Wales	00:23:50	668	00:49:47	701	00:49:11	790
2301	Sioned Mai	Fidler	F	843	FSEN	360	FSA Wales	00:30:02	2661	01:03:35	2457	01:00:23	2611
2298	Rhian	Fidler	F	844	F35+	171	FSA Wales	00:30:02	2665	01:03:36	2458	01:00:24	2614
2300	Delyth	Murray-Lines	F	1030	F40+	146	FSA Wales	00:30:29	2841	01:06:28	2742	01:03:38	3138
2378	Ian	Woods	M	1723	MSEN	683	FSA Wales	00:30:05	2674	01:06:50	2773	01:03:41	3142

Hels Bells Position: 11 Total time: 05:14:44

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Team	SK	Position	Gun Time	Position	Chip Time	Position
3577	Thomas	Griffiths	M	913	MSEN	382	Hels Bells	00:26:10	1227	00:53:58	1110	00:52:12	1195
3521	Paul	Smith	M	1102	M45+	125	Hels Bells	00:27:27	1639	00:56:13	1381	00:54:28	1524
3594	Helen	Thomas	F	664	F40+	88	Hels Bells	00:29:40	2530	01:01:23	2146	00:59:36	2483
5679	Eirian	Jones	F	952	F45+	111	Hels Bells	00:27:30	1662	01:05:14	2629	00:55:21	1712
5677	Andrew	Morgan	M	2008	M55+	117	Hels Bells	00:32:17	3361	01:17:58	3689	01:08:05	3690

Glamorgan Brewing Position: 12 Total time: 05:37:18

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Team	SK	Position	Gun Time	Position	Chip Time	Position
3296	Rhys	Anstee	M	1180	M35+	218	Glamorgan Brewing	00:26:38	1366	00:57:07	1517	00:54:39	1561
5514	Jarred	Evans	M	1462	MSEN	581	Glamorgan Brewing	00:00:00	0	01:01:02	2081	00:50:43	970
3291	Darron	Griffiths	M	1848	M45+	224	Glamorgan Brewing	00:32:22	3389	01:11:30	3121	01:09:03	3795
5438	Claire	Evans	F	1416	F35+	279	Glamorgan Brewing	00:30:56	2990	01:13:50	3335	01:03:25	3099
5441	Gavin	Parsons	M	1920	MSEN	750	Glamorgan Brewing	00:29:39	2515	01:13:51	3336	01:03:26	3105

Running for Cake Position: 13 Total time: 05:37:49

Race#	Forename	Surname	Gender	Gender Pos	Category	Category Pos	Team	SK	Position	Gun Time	Position	Chip Time	Position
5598	Sharon	McFerran	F	49	F45+	4	Running for Cake	00:21:54	362	00:44:58	376	00:43:44	332
2380	Annie	Jones	F	478	F40+	62	Running for Cake	00:29:26	2417	00:59:13	1821	00:57:30	2094
3106	Hayley	Floyd	F	1413	FSEN	593	Running for Cake	00:35:06	4020	01:13:49	3332	01:09:49	3877
3869	Zoe	Elston	F	1414	F40+	191	Running for Cake	00:35:05	4017	01:13:49	3333	01:09:49	3878
4804	Caitlin	Jenkins	F	2159	FSEN	855	Running for Cake	00:38:20	4416	01:26:02	4264	01:14:16	4208